

## Internet Sex Screening Test

Directions: Read each statement carefully. If the statement is mostly TRUE, place a check mark on the blank next to the item number. If the statement is mostly false, skip the item and place nothing next to the item number. Respond to each item while thinking about a time when your online sexual behavior was at its worst. When you read "online sexual media" this means pornography. When you read the word "sex" please think broadly to include sex with others, sex with self, viewing pornography, etc.

- \_\_\_ 1. I have saved/favorited/liked online sexual media.
- \_\_\_ 2. I spend more than 8 hours per week using an electronic device for sexual pursuits.
- \_\_\_ 3. I have spent money associated with online sexual media (pornography, streaming, tips, or wishlist gifts, etc.).
- \_\_\_ 4. I have livestreamed myself for sexual purposes.
- \_\_\_ 5. I have searched for sexual material through an Internet search tool.
- \_\_\_ 6. I have spent more money for online sexual media than I planned.
- \_\_\_ 7. Online sex has interfered with certain aspects of my life (e.g., relationships, education, work, etc.)
- \_\_\_ 8. I have participated in sexually related messaging (chats, phone texting, etc.).
- \_\_\_ 9. I have a sexualized username, nickname, gamertag, etc. that I use online.
- \_\_\_ 10 I have masturbated while using my devices for sexual purposes.
- \_\_\_ 11 I have accessed sexual media from my workplace or during a time I should be working.
- \_\_\_ 12 No one knows I use my electronic devices for sexual purposes.
- \_\_\_ 13 I have tried to hide what is on my electronic device so others cannot see it.
- \_\_\_ 14 I have stayed up after midnight to access sexual media online.
- \_\_\_ 15 I use the Internet to experiment with different aspects of sexuality (e.g., bondage, homosexuality, anal sex, etc.)
- \_\_\_ 16 I have created online sexual content for others to view (e.g., selfies, website, streaming, etc.)
- \_\_\_ 17 I have made promises to myself to stop using my electronic devices for sexual purposes.
- \_\_\_ 18 I sometimes use online sex as a reward for accomplishing something. (e.g., finishing a project, stressful day, etc.)
- \_\_\_ 19 When I am unable to access sexual media online, I feel anxious, angry, or disappointed.
- \_\_\_ 20 I have increased the risks I take online with others for sexual purposes (give out name and phone number, meet people offline, viewing illegal media, etc.)

- ☐ 21 I have punished myself when I go online for sexual purposes (e.g., time-out from electronic devices, cancel subscriptions, etc.)
- ☐ 22 I have used hookup apps or other methods to connect with people offline in order to have sex with them.
- ☐ 23 I enjoy trolling or bullying others while online.
- ☐ 24 I have seen illegal sexual media (child pornography) while online.
- ☐ 25 I believe I am an online sex addict.
- ☐ 26 I have repeatedly attempted to stop or cut-back my online sexual behavior, but have failed.
- ☐ 27 I continue to engage in online sexual behavior even though it has caused me problems.
- ☐ 28 After engaging in online sexual behaviors I often feel regret, guilt and/or shame.
- ☐ 29 I have often lied to others in order to conceal my online sexual behaviors.
- ☐ 30 I have joined public or private groups whose sole purpose is to trade sexual media.
- ☐ 31 I worry about people finding out about my online sexual behavior.
- ☐ 32 I enjoy playing video games that have a significant amount of sexual content.
- ☐ 33 I was exposed to online sexual media prior to the age of 12 years old.
- ☐ 34 I feel depressed after I engage in online sexual behaviors.
- ☐ 35. I have used artificial intelligence (AI) or virtual reality (VR) to engage in online sexual behavior.