

Internet Assessment:

A Structured Interview for Assessing
Problematic Online Sexual Behavior

Form Q

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Section I: Internet Knowledge and Behavior

1. Over the past six months, on average how many hours per week is your computer logged on to the Internet? On average, how many of those online hours do you sit in front of your computer and use the Internet (not necessarily for sexual purposes)?
2. Over the past six months, on average how many hours per week have you actively engaged in Internet sex, including downloading images, sexual chats, etc.?
3. Have you ever posted/traded any sexual material on or through the Internet? This would include self photos, photos of others, sexual stories, videos, audio clips, sexual blogs, sexual profiles, etc.
4. Have you ever viewed child pornography or images of individuals who appeared to be less than 18 years old?
5. Have you ever tried to conceal yourself or the places you have been online (e.g., clearing your history or cache, using programs to hide/clean your online tracks, deleted/renamed downloaded files, use anonymous services, stealth surfers, etc.)?
6. Have you ever had offline contacts with individuals (children, teens, or adults) you met online (e.g., phone calls, sending/receiving through the mail, or face to face meetings, etc.)?
7. Have you ever had any of the following types of programs installed on any computer you have used: peer-to-peer (e.g., Kazaa), Internet Relay Chat (e.g., Mirc), Newsreader (e.g., FreeAgent), Webcam (e.g., PalTalk).

Section II: Social, Sexual, and Psychological

8. Has your offline sexuality ever been impacted by your online sexual behaviors?
9. Has there ever been a relationship between your masturbation and cybersex behaviors?
10. Have you ever noticed a progression in your sexual risk taking behavior (either on or offline) as a result of your cybersex behavior.
11. Have you ever experienced consequences, or jeopardized important life areas (e.g., work, family, friends) as a result of your online sexual behaviors?
12. Has your partner ever complained about your Internet sexual behavior?
13. Have you ever become more isolated (physically or emotionally) from family and friends as a result of your online sexual behaviors?
14. Have you ever noticed your Internet sexual behaviors affecting your mood, either positively or negatively?
15. Have you ever wished you could stop using sex on the Internet, but are unable to set limits or stop the behavior?