

## Women's Characters

**Ceres** – Ceres' story comes from The Odyssey. She lured men to her island with her songs. Once they were there, she deemed them unworthy and incompetent. She then turned the men into pigs. Once you were a pig you could not return to human form.

**Princess and the Pea** – This story comes from the fairy tale, The Princess and the Pea. In this story no matter how many mattresses you put over the pea, the princess could still feel the pea when she lay down on the mattresses. This story can represent the hyper sensitivity of women once they know about the sexual acting out. "I am sure he is still acting out – I can feel it – I saw him look at that woman" It can equally represent the wisdom a woman has when she knows she doesn't have all the truth about the acting out. She can still feel that there is something there or she starts to feel the "pea" again. This can often mean that her partner is acting out again. She senses that acting out is occurring. Partners will say, "I can feel the difference, I can tell he is not telling me the truth". She is feeling the pea even though it is buried under a lot of mattresses.

**Medusas** – This character is what women often look like when they first found out about the sexual acting out. This is a picture of the betrayal they feel. It is a normal part of the healing process. Medusas can show back up if the woman experiences an event that triggers her back to the knowledge of the sexual acting out. "I turned down a street today with the same name as the woman my husband had an affair with – I saw a red car and she drove a red car". Medusas often returns in these moments.

**Corpse Bride** – This character is the betrayed women who cannot rest in peace until her story has been heard and resolved. In the movie, her bony hand comes out of the grave to grab a man who is about to embark on a new life. She will not let him embark on his new life until he understands her story and helps her with her pain. This story is very similar to the person who is beginning a new life in recovery. Excited that for the first time he is feeling some hope. He is ready to move forward and begin that new life. The partner's "bony hand" often comes up and grabs him to say, "wait a minute" what about my story, my pain". Watch the movie "Corpse Bride" by Tim Burton –

**Wonder Woman** – The character can do it all. Super competent, able to handle anything life gives her, in control or at least appearing to be in control at all times. She over functions and over controls no matter what the costs.

**The Dead Woman** - This character has no life left in her. She has lost touch with all of her emotions and usually feels empty and dead inside. Although she may not be severely depressed she often described an ongoing low depression that invades her life.

**Hello Kitty** - Hello Kitty has no mouth therefore she doesn't have a voice. She has a difficult time speaking her own truth. She usually does not have the experience of being able to speak up for herself.

**Father Figure/Younger Man** – This set represents what you will marry if your father has an entangled core. The father figure can be opened up for his core to be revealed. It is a tangled ugly mess. If you have not worked on your family of origin issues then you may marry someone who looks very different, someone who may look handsome, charming, completely the opposite of your father. If your family of origin issues are not resolved then he too will turn out to have a mangled core.

## Add On Toys

**\*\*Snow White** – She is happy to take care of all the men in her life, singing while she works. She never complains and on the surface is very content to take care of others. However in her core she may be fueling a fire that starts as a slow burn only to turn into a bonfire. A Snow White can easily turn into a Medusas. (Another way to use the Medusas character)

**\*\*Belle** – The character from Beauty and The Beast. Belle believes that if she just loves the beast enough he will be redeemed and become the Prince again. She works hard to love, to understand and to endure for that he may once again become the man she wants him to be.

**\*\*Cinderella** – Cinderella keeps thinking that Prince Charming will show up to take her away from her dreary existence. If she just waits long enough he will show up and transform her life. Cinderella doesn't know how to take action herself. She endures and waits for other to create change in her life.

**\*\*Miss Piggy** – With Miss Piggy it is all about her. “Kermit” must spend the rest of his life trying to make up for his mistakes. Miss Piggy has no issues. She only want to make “Kermit” behave as he should. Make “Kermit” adore me and only me and everything will be fine.

**\*\*The Trophy Wife** – This character represent the women who thinks if only she looks good enough, is enough of a trophy then he won't act out. This wife feels she can control his acting out by how thin she is, how young she looks....

**\*\*The Efficient Wife** – This character thinks that she can control her anxiety in life by being organized and component. Unlike Wonder Woman she is not in touch with any of her sexuality or sexual needs. The efficient wife focuses only on being totally efficient.

**The Warrior** – A toy representing the warrior is not included in the kit. We ask clients to find a toy that represent the woman they want to be. We ask that they take their time to look at the many toys that are out there, give some thought to the idea of their warrior.

